

July 2017

Sun	M	T	Wed	Thurs	Fri	Sat
						1 10-11am Vinyasa Flow
2	3	4	5  NO CLASS	6  7-8pm Yin Yoga	7	8 10-11am Vinyasa Flow
9	10	11	12  7-8pm Yin Yang Yoga	13  7-8pm Yin Yoga	14	15 10-11am Vinyasa Flow
16	17	18	19  7-8pm Yin Yang Yoga	20  7-8pm Yin Yoga	21	22 10-11am Vinyasa Flow
23	24	25	26  7-8PM Yin Yang Yoga	27  7-8pm Yin Yoga	28	29 10-11am Vinyasa Flow
30	31					