

**6 WEEK INNER TEACHER TRAINING**

**Ready to discover the part of you that is ready to truly live your purpose?
Want to learn how to settle into the present moment?**

**Join Inner Teacher Training!**

Explore and learn various techniques to add to a personal wellness "toolbox" in order to:

1. Reclaim your passion for life.

2. Build resilience to combat stress, fatigue, anxiety and burnout.

3. Rediscover your inner teacher, or meet him/her for the first time!

These 90 minute classes will be held once a week for 6 weeks at

*Wind in the Willows Acupuncture*

42 Wabash Street, Pittsburgh, Pa 15220

Classes are limited to 10 students.

Times: Sundays 4:30-6:00 pm

6/5, 6/12, 6/19, 6/26, 7/10, 7/17 (no class 7/3)

Price is $20 per session

Paid up front for full 6 weeks: $100

**Take some time out for you, leave refreshed and empowered and learn about yourself in a relaxed and creative way.**

\*Please bring water, a journal and something to write with, and wear comfortable clothing.

More information and RSVP: www.finnevolutions.com